### **Newsletter #1**







# INCASA INCLUSIVE CAMINO DE SANTIAGO: AN ACCESSIBLE JOURNEY FOR ALL

The project aim to enhance accessibility and participation in the Camino de Santiago pilgrimage for youngsters with disabilities.

By developing an accessible web app and a training platform for caregivers and youth workers, partners from Spain, Portugal, Romania, Poland and Slovenia, will empower these individuals with the necessary resources and support for a meaningful pilgrimage experience.



During projects activities we talked with Ana, a passionate pilgrim from Granada (Spain), that proves that the Camino can be for everyone.

"The Camino is like life, full of challenges and opportunities to grow", she states.

#### **DURING THE PROJECT WE WILL:**

Conduct a research to inform the development of resources, through surveys and focus group.

Develop an accessible web app providing detailed information about the Camino de Santiago pilgrimage.

Create a training platform offering courses and resources on facilitating inclusive outdoor activities.

Organize a 3-day online training for caregivers, youth workers and organisational staff.

Run a 3-day practical excursion on the Camino de Santiago with participants with different accessibility needs.

Produce a documentary capturing the project's journey and its impact.



## **Partners & Meetings**

The partners met in Vigo, Spain in May 2024, to align goals and objectives.

During this moment participants discussed the future experience of doing the Camino with an expert from Discamino, an organisation that supports any person with a disability to any pilgrim on the Camino.

#### **Next Activities**

- Online training of youth workers/staff
   March 2025
- Doing the Camino September 2025

### **Focus Groups**

All partners conducted focus groups in June to collect contributions from people with disabilities, caregivers and health professionals. The discussions provided valuable insights that will guide the development of materials and resources.

<u>Person with Disability Testimonial</u>



"Applying Universal Design, anyone can walk along and can all go together, while keeping talking.
Participants shouldn't go one way and the other a different path".

2/2 pages

#### Coordinator:



Partners:











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